



EXHIBIT C



2016-17 First 5 Calaveras Mini-Grant  
FINAL REPORT

Date of Report		Funding Amount:	\$	Project Title	
Name of Funded Agency and Event/Activity Title					
Contact Person				Title	
Contact Mailing Address					
Contact Phone		Fax		Email	
Describe the event as proposed.					
How well did the event work? What was accomplished?					
How did Calaveras children and their families benefit from the activity?					
	Estimated Number of Calaveras Children Ages 0 to 3				
	Estimated Number of Calaveras Children Ages 3 through 5				
	Estimated Number of Calaveras Parents of Calaveras Children ages 0-5				
	<b>PCAC Grant:</b> Estimated number of Calaveras Children Ages 0 to 18				
	<b>PCAC Grant:</b> Estimated number of Parents of Calaveras Children Ages 0 to 18				
	Estimated Number of Calaveras Children w/Special Needs			0-2 years	3-5 years
	Estimated Number of Calaveras Children who are English Language Learners			Spanish	Other
Describe the success of this event.					
Would you do anything different for this event in the future?					
Are there any comments or feedback for the Commission?					
<input type="checkbox"/> Public event – Photos attached		<input type="checkbox"/> Quotes or testimonials attached			
<input type="checkbox"/> Receipts attached supporting approved expenditures as required by signed application.					
<input type="checkbox"/> Check for unspent funds attached.					
<b>Signature:</b>			<b>Date:</b>		
<p><b>Reports are due within 30 days of funded activity, or JUNE 1, 2017, whichever comes first.</b></p> <p><b>Please return to: First 5 Calaveras, 891 Mtn. Ranch Road , San Andreas, CA 95249      Questions: 209-754-6916</b></p>					



## NUTRITION GUIDE

## EXHIBIT D

First 5 Calaveras strives to support healthy conditions for children and families. Our strongest message is often the behavior we and our partners model to the agencies and individuals we serve. Current public concerns such as childhood obesity, diabetes, cardiovascular disease, and oral health are directly affected by nutrition and physical activity practices. Together First 5 Calaveras and partners have an opportunity to create healthier environments and convey healthy messages by introducing appropriate nutritional options at First 5 Calaveras sponsored or funded events for which food and/or beverages are provided. Requests for Mini-Grants by First 5 Calaveras must reflect the following guidelines.

### GUIDELINES:

1. General Principles
  - Foods and beverages purchased with First 5 Calaveras funds should represent current nutrition standards and be served in appropriate portion sizes for young children.
  - First 5 Calaveras funds **will not be used to purchase candy, potato chips, gum, soda, or other sugary drinks and desserts.**
  - **No alcoholic beverages** will be purchased using First 5 Calaveras funds. Alcohol may not be served during a First 5 Calaveras event / activity.
2. Suggestions for Foods and Beverages
  - Bottle spring or sparkling water – regular or flavored with no sugar
  - Fresh fruit slices or chunks served with low-fat Greek yogurt dip
  - Raw vegetables with fat-free or low-fat dressing or salsa dip
  - Whole grain breads or crackers
  - Greek Yogurt – low-fat or fat-free
  - Low-sugar fruit breads or muffins
  - Granola bars – low-fat (5 g fat or less/bar)

*Our thanks to First 5 San Joaquin for sharing their Nutrition Policy for reference.*

## EXHIBIT E FIRST 5 CALAVERAS / PCAC ATTRIBUTE REQUIREMENTS

### Public Acknowledgement

It is very important to let the public know how Proposition 10 and Prevent Child Abuse funds are benefiting children and families in Calaveras County. If you receive funding from First 5 Calaveras or Prevent Child Abuse Council Calaveras for your program or project, then you are **required to recognize our contribution** on all printed materials, including but not limited to press releases, event programs, flyers, and other documents or materials printed for public benefit. Please include one the following attribution in a type size appropriate for your materials:

Made possible by funding from:



Made possible by funding from:



Made possible by funding from:



Made possible by funding from:



### Program Name

We prefer that you use the First 5 Calaveras and PCAC logo whenever possible. If it is not appropriate, (e.g., for a press release), then please use our correct name: **First 5 Calaveras** or **Prevent Child Abuse Council Calaveras**

**THANK YOU**